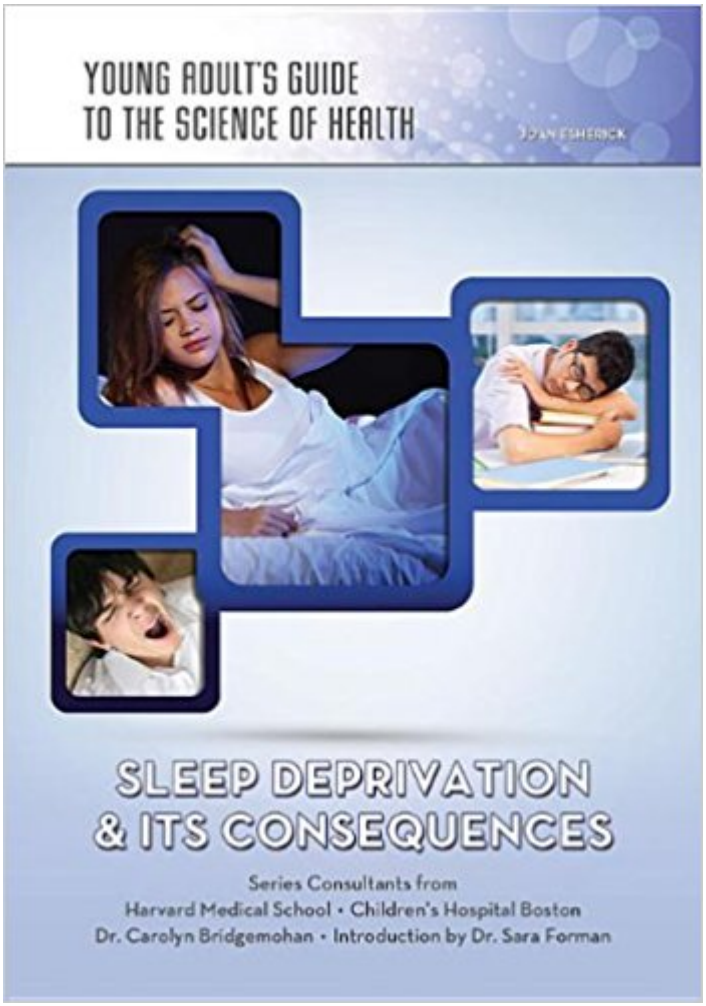
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Sleep Deprivation & Its Consequences (Young Adult's Guide To The Science Of Health)



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Synopsis

Designed to help young adults cope with the various health choices and questions confronting them as they enter adolescence, this dynamic set of books provides accurate information and helpful resources for young people navigating their transition to adulthood.

Book Information

Lexile Measure: 1120L (What's this?)

Series: Young Adult's Guide to the Science of Health

Library Binding: 128 pages

Publisher: Mason Crest Publishers (September 2013)

Language: English

ISBN-10: 1422228150

ISBN-13: 978-1422228159

Product Dimensions: 9.3 x 6.5 x 0.6 inches

Shipping Weight: 1 pounds

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Grade Level: 7 - 12

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